Listed below are some nutritious foods for you to incorporate into your pet's diet. Nutrition plays a major role in the health and longevity of any animal. Keep in mind that *moderation* and *variety* are keys to offering a complete, well-balanced diet.

**Vegetables**
- Kale
- Mustard greens
- Green/Red leaf lettuce
- Dandelion greens
- Parsley
- Broccoli leaves
- Swiss Chard
- Romaine lettuce
- Carrot tops
- Carrots
- Collard greens
- Escarole
- Endive
- Raddichio
- Red/Yellow/Orange/Green Bell Peppers
- Squash
- Tomatoes
- Sweet Potato/Yam

**Fruit should only comprise about 5% of your pet reptile's diet.** Apples, grapes and bananas are safe to feed.